

## Waiting Well

Isaiah 40:28–31

📖 Isaiah 40:28–31 (ESV) “Have you not known? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; His understanding is unsearchable. <sup>29</sup> He gives power to the faint, and to him who has no might He increases strength. <sup>30</sup> Even youths shall faint and be weary, and young men shall fall exhausted; <sup>31</sup> but they who wait for the LORD shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.”

### Waiting Well involves having an accurate view of God.

📖 Isaiah 40:28 (ESV) “Have you not known? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; His understanding is unsearchable.”

📖 Isaiah 40:27 (NIV84) “Why do you say, O Jacob, and complain, O Israel, “My way is hidden from the LORD; my cause is disregarded by my God”?”

**Three reasons to be in awe of God** (From Isaiah 40:28).

#### 1. We should be in awe of God's infinity.

📖 Psalm 90:2 (NIV84) “Before the mountains were born or you brought forth the earth and the world, from everlasting to everlasting you are God.”

#### 2. We should be in awe of God's energy.

#### 3. We should be in awe of God's insight.

📖 Romans 11:33–36 (NIV84) “Oh, the depth of the riches of the wisdom and knowledge of God! How unsearchable His judgments, and His paths beyond tracing out! <sup>34</sup> “Who has known the mind of the LORD? Or who has been His counselor?” <sup>35</sup> “Who has ever given to God, that God should repay him?” <sup>36</sup> For from Him and through Him and to Him are all things. To Him be the glory forever! Amen.”

### Waiting Well includes being honest with ourselves.

📖 Isaiah 40:30 (ESV) “Even youths shall faint and be weary, and young men shall fall exhausted...”

📖 Isaiah 40:29 (ESV) “He gives power to the faint, and to him who has no might He increases strength.”

### Waiting Well insists that we trust God.

📖 Isaiah 40:31 (ESV) “but they who wait for the LORD shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.”

📖 Psalm 130:5–6 (NIV84) “I wait for the LORD, my soul waits, and in His Word I put my hope. <sup>6</sup> My soul waits for the LORD more than watchmen wait for the morning, more than watchmen wait for the morning.”

📖 The Apostle Paul on the resurrection of Jesus... 1 Corinthians 15:3–7 (ESV) “For I delivered to you as of first importance what I also received: that Christ died for our sins in accordance with the Scriptures, <sup>4</sup> that He was buried, that He was raised on the third day in accordance with the Scriptures, <sup>5</sup> and that He appeared to Cephas, then to the twelve. <sup>6</sup> Then He appeared to more than five hundred brothers at one time, most of whom are still alive, though some have fallen asleep.”

📖 Acts 1:4–5 (ESV) “...while staying with them He ordered them not to depart from Jerusalem, but to WAIT for the promise of the Father, which, He said, “you heard from me; <sup>5</sup> for John baptized with water, but you will be baptized with the Holy Spirit not many days from now.”

📖 Acts 1:15 (NIV84) “In those days Peter stood up among the believers (a group numbering about a hundred and twenty)”

📖 Acts 2:1–4 (ESV) “When the day of Pentecost arrived, they were all together in one place. <sup>2</sup> And suddenly there came from heaven a sound like a mighty rushing wind, and it filled the entire house where they were sitting. <sup>3</sup> And divided tongues as of fire appeared to them and rested on each one of them. <sup>4</sup> And they were all filled with the Holy Spirit and began to speak in other tongues as the Spirit gave them utterance.”

📖 Isaiah 40:31 (ESV) “...THEY WHO WAIT for the LORD shall renew their strength...”

**Digging Deeper:** Why is it essential for us to have an accurate view of God when waiting for His help? In what ways does being honest about our weaknesses and fatigue (Isaiah 40:30) help us in the process of waiting well? How can recognizing our limitations lead to a greater reliance on God? Reflect on the example of the 120 believers in Acts 1-2. What can we learn about the significance of waiting in faith from their experience, especially in contrast to those who left before the Holy Spirit arrived?